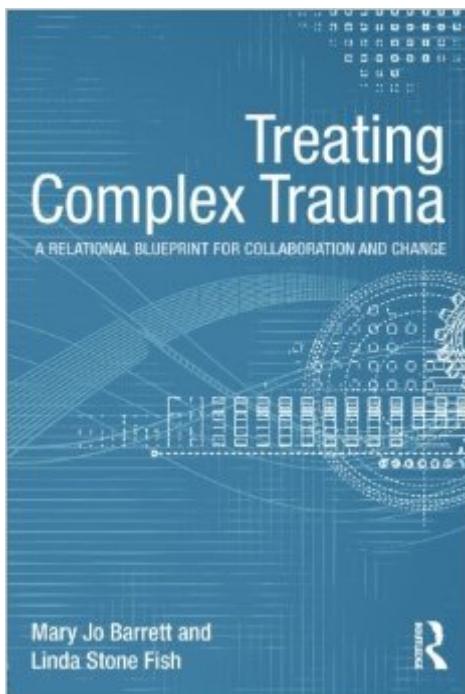


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# Treating Complex Trauma: A Relational Blueprint For Collaboration And Change (Psychosocial Stress Series)



## **Synopsis**

In Treating Complex Trauma, renowned clinicians Mary Jo Barrett and Linda Stone Fish present the Collaborative Change Model (CCM), a clinically evaluated model that facilitates client and practitioner collaboration and provides invaluable tools for clients struggling with the impact and effects of complex trauma. A practical guide, Treating Complex Trauma organizes clinical theory, outcome research, and decades of experiential wisdom into a manageable blueprint for treatment. With an emphasis on relationships, the model helps clients move from survival mindstates to engaged mindstates, and as a sequential and organized model, the CCM can be used by helping professionals in a wide array of disciplines and settings. Utilization of the CCM in collaboration with clients and other trauma-informed practitioners helps prevent the re-traumatization of clients and the compassion fatigue of the practitioner so that they can work together to build a hopeful and meaningful vision of the future.

## **Book Information**

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## **Customer Reviews**

Wow! I just finished reading this book. Amazing! One of the most helpful books I have read in awhile. Lately I have felt "stuck" with my clients and the book made me excited to see them again.

I have learned so much from this book as a future counselor. I know I will return to it again and again.

I used this as research for a trauma class I offered at the community college level. I found it to be a positive resource.

A goof reference for your trauma library! Went to a training facilitated by the authors and this text adds to that information quite well.

If you are looking for a deep understanding of complex trauma look somewhere else.

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